

GROSS MOTOR DEVELOPMENT

NORMAL:

- Riding a bike with 2 wheels
- Able to use a skipping rope
- Able to do hopscotch
- Using a small-sized ball skilfully (catching with one hand)
- Able to run down or up stairs
- Takes joy in participating in games that team based
- Developing body awareness, and body and movement, with comparison to other children

FLAGS FOR REFERRAL:

- Unable to hop, skip, run or jump in a coordinated fashion
- Colliding into objects (people or furniture, falling over or tripping over)
- Ball skills may be uncoordinated
- Unable to ride a bike with two wheels, instead requires trainer wheels after 8 years of age
- Fatigues quickly with each activity



SOCIAL DEVELOPMENT

NORMAL

- Participating group games that are rule-based and well established
- Resolving issues without requiring adult intervention
- Understanding the individual interests and strengths of another child

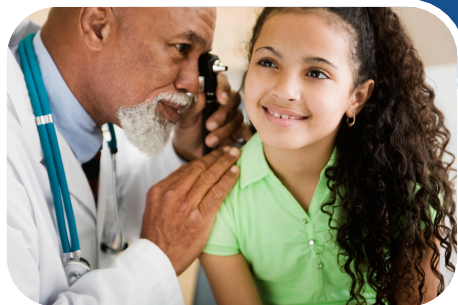
FLAGS FOR REFERRAL:

- Would rather play by themselves
- Lacks problem-solving skills when they don't get their own way or are frustrated
- Lack of interest in play and other children
- Self-centered focus (issues that arise are always because of somebody else)



Normal Milestones

6-8 years



If in doubt:

Contact your local GP or nurse if you have the slightest concerns. Remember, It is never too late and it always better to check than leave your questions unanswered

PHYSIQUE HEALTH

Resources:

<http://www.health.qld.gov.au/ph/documents/childhealth>



Intellectual

TYPICAL DEVELOPMENT:

- Has the ability to decipher right and left or what day of the week it is
- Can repeat three numbers backwards
- Can count in reverse from 20
- Understanding time concepts



SEEK ADVICE WHEN:

- Difficulty with the expectations of early curriculum
- The teacher is concerned
- Frustration exists about class or learning

COMMUNICATION

- Able to understand opposites and similarities
- Able to communicate appropriately in playground and classroom settings
- Understanding in the classroom environment
- Understands conversation that occurs amongst other children
- Understands grammar that is more complex

“Be active in your child’s *growth* and *development*”

FINE MOTOR

- Using a pencil and holding it without difficulty
- Using fingers to draw/write as appose to the entire arm
- Writing within the lines
- Able to make the letters smaller, more lined up and better spaced
- Cut out irregular shapes, use sticky tape and glue items with accuracy
- Independently dress him or herself including shoelaces (normally by the end of grade one)
- Comb/brush hair
- Independent self-care by 7 years of age
- Left and right awareness

SEEK HELP WHEN:

- Finds it challenging and exhausting grasping and using a pencil
- Challenging to writing with in the lines
- Letters have not gotten smaller
- Challenging to use scissors
- Has difficulty trying to tie shoelaces or dress his or her self independently
- Relies on caregiver a great deal for grooming, bathing and feeding
- Has difficulty differentiating between right and left (after 1st grade)

SEEK HELP WHEN:

- Teachers having concerns regarding your child’s expressive abilities
- Frustration experienced as a result of not having the ability to express themselves
- Difficulty finding the correct word
- Sentences that are grammatically incorrect
- Lacks awareness regarding what the person listening already knows
- Teachers are concerned about understanding
- Child says that they are confused in conversation
- Learning to read is challenging